



# 7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

## Detailed evaluation

**Festersen, Tage**

Club: Frederiksberg DK  
Number: 97

Course: 42.20 km  
Marathon

Category:  
Männer M40

Total time: 5:17:08

Speed: 7.95 km/h  
Running performance: 7:31 min/km

Rank in course/Total: 223 (of 305)

Rank in course/Men: 208 (of 279)

Best time in course: 3:13:29

Rank in category: 59(of 71)

Best time in the category: 3:26:46

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
1. Runde	10.55	59:27	5:38	26	15:14	104	16:27	10.55	59:27	5:38	19		224	7:48
2. Runde	10.55	1:10:56	6:43	48	20:45	169	24:38	21.10	2:10:23	6:10	19		223	31:37
3. Runde	10.55	1:18:47	7:28	49	25:32	172	29:49	31.65	3:29:10	6:36	18		211	59:06
Finish	10.55	1:47:58	10:14	71	1:47:18	274	1:47:26	42.20	5:17:08	7:30	63	2:02:01	225	3:47:25