



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Festersen, Tage

Club: Frederiksberg DK
Number: 97

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 5:17:08

Speed: 7.98 km/h
Running performance: 7:31 min/km

Rank in course/Total: 223 (of 305)

Rank in course/Men: 208 (of 279)

Best time in course: 3:13:29

Rank in category: 59(of 71)

Best time in the category: 3:26:46

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 1. Runde | 10.55 | 59:27 | 5:38 | 26 | 15:14 | 104 | 16:27 | 10.55 | 59:27 | 5:38 | 19 | | 224 | 7:48 |
| 2. Runde | 10.55 | 1:10:56 | 6:43 | 48 | 20:45 | 169 | 24:38 | 21.10 | 2:10:23 | 6:10 | 19 | | 223 | 31:37 |
| 3. Runde | 10.55 | 1:18:47 | 7:28 | 49 | 25:32 | 172 | 29:49 | 31.65 | 3:29:10 | 6:36 | 18 | | 211 | 59:06 |
| Finish | 10.55 | 1:47:58 | 10:14 | 71 | 1:47:18 | 274 | 1:47:26 | 42.20 | 5:17:08 | 7:30 | 63 | 2:02:01 | 225 | 3:47:25 |