



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Eisenberg, Ulrich

Club: WSG Jena-Lobeda
Number: 92

Course: 42.20 km
Marathon

Category:
Männer M55

Total time: 5:17:19

Speed: 7.94 km/h
Running performance: 7:31 min/km

Rank in course/Total: 224 (of 305)

Rank in course/Men: 209 (of 279)

Best time in course: 3:13:29

Rank in category: 15(of 27)

Best time in the category: 3:14:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:09:35	6:35	19	26:35	233	26:35	10.55	1:09:35	6:35	11	3:22	225	17:56
2. Runde	10.55	1:18:02	7:23	17	31:14	240	31:44	21.10	2:27:37	6:59	11	8:35	224	48:51
3. Runde	10.55	1:22:29	7:49	14	32:22	202	33:31	31.65	3:50:06	7:16	11	8:24	212	1:20:02
Finish	10.55	1:27:13	8:16	16	32:15	195	1:26:41	42.20	5:17:19	7:31	18	2:02:26	226	3:47:36