



7. Unter-Tage Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Pallasch, Uta

Club: Frankfurt am Main  
 Number: 263

Course: 42.20 km  
 Marathon

Category:  
 Frauen W35

Total time: 5:18:48

Speed: 7.90 km/h  
 Running performance: 7:34 min/km

Rank in course/Total: 231 (of 305)

Rank in course/Women: 17 (of 26)

Best time in course: 3:58:39

Rank in category: 3(of 5)

Best time in the category: 4:59:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking							
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
1. Runde	10.55	1:10:49	6:42	3	5:02	17	15:31	10.55	1:10:49	6:42	3	3:33	9		
2. Runde	10.55	1:17:00	7:17	3	5:51	13	18:23	21.10	2:27:49	7:00	3	9:24	9		
3. Runde	10.55	1:21:42	7:44	2	5:58	14	20:37	31.65	3:49:31	7:15	3	15:22	9	2:00	
Finish	10.55	1:29:17	8:27	3	7:10	19	30:28	42.20	5:18:48	7:33	3	19:43	19	3:51:00	