



7. Unter-Tage Sparkassen Marathon  
Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Wojciechowski, Cornelia

Club: SV Kyffhäuser  
Number: 426

Course: 42.20 km  
Marathon

Category:  
Frauen W45

Total time: 5:19:36

Speed: 7.88 km/h  
Running performance: 7:34 min/km

Rank in course/Total: 235 (of 305)

Rank in course/Women: 18 (of 26)

Best time in course: 3:58:39

Rank in category: 5(of 6)

Best time in the category: 5:01:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1. Runde	10.55	1:10:29	6:40	4	4:19	15	15:11	10.55	1:10:29	6:40	5	4:19	8	
2. Runde	10.55	1:18:30	7:26	4	5:23	21	19:53	21.10	2:28:59	7:03	5	8:21	8	0:52
3. Runde	10.55	1:25:06	8:03	5	7:01	18	24:01	31.65	3:54:05	7:23	5	15:21	8	6:34
Finish	10.55	1:25:31	8:06	5	4:49	15	26:42	42.20	5:19:36	7:34	6	3:49:36	20	3:51:48