



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Kinszky, Johann

Club: Berlin
 Number: 190

Course: 42.20 km
 Marathon

Category:
 Männer M60

Total time: 5:23:43

Speed: 7.78 km/h
 Running performance: 7:40 min/km

Rank in course/Total: 241 (of 305)

Rank in course/Men: 223 (of 279)

Best time in course: 3:13:29

Rank in category: 1(of 4)

Best time in the category: 5:23:43

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
1. Runde	10.55	1:14:22	7:02	3	1:06	268	31:22	10.55	1:14:22	7:02	2	1:06	239	22:43
2. Runde	10.55	1:16:39	7:15	1	-	226	30:21	21.10	2:31:01	7:09	2	-	238	52:15
3. Runde	10.55	1:24:24	8:00	1	-	216	35:26	31.65	3:55:25	7:26	1	-	226	1:25:21
Finish	10.55	1:28:18	8:22	1	-	201	1:27:46	42.20	5:23:43	7:40	2	51:11	240	3:54:00