



7. Unter-Tage Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Gormanns, Kurt

Club: Bramsche  
 Number: 121

Course: 42.20 km  
 Marathon

Category:  
 Männer M55

Total time: 5:24:24

Speed: 7.77 km/h  
 Running performance: 7:41 min/km

Rank in course/Total: 243 (of 305)

Rank in course/Men: 225 (of 279)

Best time in course: 3:13:29

Rank in category: 17(of 27)

Best time in the category: 3:14:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:07:11	6:22	16	24:11	198	24:11	10.55	1:07:11	6:22	9	0:58	210	15:32
2. Runde	10.55	1:18:05	7:24	18	31:17	241	31:47	21.10	2:25:16	6:53	9	6:14	240	46:30
3. Runde	10.55	1:27:18	8:16	20	37:11	233	38:20	31.65	3:52:34	7:20	9	10:52	228	1:22:30
Finish	10.55	1:31:50	8:42	20	36:52	222	1:31:18	42.20	5:24:24	7:41	20	2:09:31	242	3:54:41