



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Mascher, Konstanze

Club: Sc impuls erfurt
Number: 435

Course: 42.20 km
Marathon

Category:
Frauen W40

Total time: 5:27:46

Speed: 7.69 km/h
Running performance: 7:46 min/km

Rank in course/Total: 250 (of 305)

Rank in course/Women: 19 (of 26)

Best time in course: 3:58:39

Rank in category: 5(of 6)

Best time in the category: 3:58:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1. Runde	10.55	1:07:00	6:21	5	11:42	8	11:42	10.55	1:07:00	6:21	5	11:42	7	
2. Runde	10.55	1:21:50	7:45	6	23:13	23	23:13	21.10	2:28:50	7:03	5	34:55	7	0:43
3. Runde	10.55	1:29:38	8:29	6	28:33	23	28:33	31.65	3:58:28	7:32	5	1:02:55	7	10:57
Finish	10.55	1:29:18	8:27	5	30:29	20	30:29	42.20	5:27:46	7:46	5	1:29:07	21	3:59:58