



7. Unter-Tage Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Wedemeyer, Michael

Club: Kofferloch  
 Number: 409

Course: 42.20 km  
 Marathon

Category:  
 Männer M30

Total time: 5:28:10

Speed: 7.68 km/h  
 Running performance: 7:47 min/km

Rank in course/Total: 251 (of 305)

Rank in course/Men: 232 (of 279)

Best time in course: 3:13:29

Rank in category: 26(of 29)

Best time in the category: 3:37:02

Intermediate times

Stage score

Total ranking

| Control  | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|          |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| 1. Runde | 10.55       | 1:08:00       | 6:26            | 24          | 21:33          | 208         | 25:00         | 10.55         | 1:08:00       | 6:26            | 3           | 7:42           | 248        | 16:21         |
| 2. Runde | 10.55       | 1:17:14       | 7:19            | 26          | 25:58          | 232         | 30:56         | 21.10         | 2:25:14       | 6:52            | 3           | 19:36          | 247        | 46:28         |
| 3. Runde | 10.55       | 1:24:08       | 7:58            | 21          | 29:30          | 214         | 35:10         | 31.65         | 3:49:22       | 7:14            | 3           | 35:47          | 235        | 1:19:18       |
| Finish   | 10.55       | 1:38:48       | 9:21            | 27          | 42:04          | 255         | 1:38:16       | 42.20         | 5:28:10       | 7:46            | 28          | 1:51:08        | 249        | 3:58:27       |