



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Freund, Markus

Club: Team Hoff
Number: 105

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 5:32:19

Speed: 7.58 km/h
Running performance: 7:53 min/km

Rank in course/Total: 258 (of 305)

Rank in course/Men: 239 (of 279)

Best time in course: 3:13:29

Rank in category: 34(of 36)

Best time in the category: 3:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
1. Runde	10.55	1:04:48	6:08	26	21:20	160	21:48	10.55	1:04:48	6:08	16		255	13:09
2. Runde	10.55	1:13:12	6:56	31	26:54	191	26:54	21.10	2:18:00	6:32	16		233	39:14
3. Runde	10.55	1:30:29	8:34	35	41:31	248	41:31	31.65	3:48:29	7:13	16	14:06	242	1:18:25
Finish	10.55	1:43:50	9:50	35	50:58	265	1:43:18	42.20	5:32:19	7:52	34	2:14:59	256	4:02:36