



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Schildt, Karin

Club: S und S Erlebnissport
Number: 312

Course: 42.20 km
Marathon

Category:
Frauen W40

Total time: 5:35:57

Speed: 7.50 km/h
Running performance: 7:58 min/km

Rank in course/Total: 261 (of 305)

Rank in course/Women: 20 (of 26)

Best time in course: 3:58:39

Rank in category: 6(of 6)

Best time in the category: 3:58:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1. Runde	10.55	1:11:31	6:46	6	16:13	19	16:13	10.55	1:11:31	6:46	6	16:13	6	0:30
2. Runde	10.55	1:17:55	7:23	5	19:18	18	19:18	21.10	2:29:26	7:04	6	35:31	6	1:19
3. Runde	10.55	1:29:19	8:27	5	28:14	22	28:14	31.65	3:58:45	7:32	6	1:03:12	6	11:14
Finish	10.55	1:37:12	9:12	6	38:23	23	38:23	42.20	5:35:57	7:57	6	1:37:18	22	4:08:09