



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Behnken-Mross, Jens

Club: TSV St.-Jürgen
Number: 29

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 5:39:43

Speed: 7.42 km/h
Running performance: 8:03 min/km

Rank in course/Total: 267 (of 305)

Rank in course/Men: 247 (of 279)

Best time in course: 3:13:29

Rank in category: 53(of 61)

Best time in the category: 3:13:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
1. Runde	10.55	1:15:40	7:10	60	26:45	270	32:40	10.55	1:15:40	7:10	26	17:05	263	24:01
2. Runde	10.55	1:17:59	7:23	50	30:52	239	31:41	21.10	2:33:39	7:16	26	27:16	262	54:53
3. Runde	10.55	1:30:12	8:32	51	38:54	246	41:14	31.65	4:03:51	7:42	25	39:50	250	1:33:47
Finish	10.55	1:35:52	9:05	51	1:33:56	246	1:35:20	42.20	5:39:43	8:03	56	2:26:14	264	4:10:00