



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Lange, Thomas

Club: Sprotta
 Number: 210

Course: 21.10 km
 Halbmarathon

Category:
 Männer M35

Total time: 2:34:12

Speed: 8.17 km/h
 Running performance: 7:19 min/km

Rank in course/Total: 33 (of 63)

Rank in course/Men: 28 (of 49)

Best time in course: 1:47:01

Rank in category: 9(of 11)

Best time in the category: 1:54:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
1. Runde	10.55	1:11:53	6:48	7	17:36	27	23:00	10.55	1:11:53	6:48	9	17:36	3	
Finish	10.55	1:22:19	7:48	9	22:06	28	27:27	21.10	2:34:12	7:18	9	39:42	28	47:11