



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Berggren, Lars-Göran

Club: Team Skavsåret IF /SW

Number: 34

Course: 42.20 km

Marathon

Category:

Männer M50

Total time: 5:41:17

Speed: 7.38 km/h

Running performance: 8:05 min/km

Rank in course/Total: 270 (of 305)

Rank in course/Men: 250 (of 279)

Best time in course: 3:13:29

Rank in category: 29(of 30)

Best time in the category: 3:35:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
1. Runde	10.55	1:04:26	6:06	18	15:39	155	21:26	10.55	1:04:26	6:06	2	2:16	266	12:47
2. Runde	10.55	1:22:47	7:50	30	30:27	270	36:29	21.10	2:27:13	6:58	2	17:18	243	48:27
3. Runde	10.55	1:41:06	9:34	29	46:17	262	52:08	31.65	4:08:19	7:50	2	42:37	253	1:38:15
Finish	10.55	1:32:58	8:48	28	36:25	228	1:32:26	42.20	5:41:17	8:05	30	2:26:00	267	4:11:34