



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Reuß, Wolfgang

Club: Grafschaft
 Number: 293

Course: 42.20 km
 Marathon

Category:
 Männer M45

Total time: 5:43:34

Speed: 7.33 km/h
 Running performance: 8:08 min/km

Rank in course/Total: 272 (of 305)

Rank in course/Men: 252 (of 279)

Best time in course: 3:13:29

Rank in category: 55(of 61)

Best time in the category: 3:13:29

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
1. Runde	10.55	1:11:15	6:45	53	22:20	252	28:15	10.55	1:11:15	6:45	28	12:40	268	19:36
2. Runde	10.55	1:19:45	7:33	54	32:38	255	33:27	21.10	2:31:00	7:09	28	24:37	267	52:14
3. Runde	10.55	1:41:00	9:34	59	49:42	261	52:02	31.65	4:12:00	7:57	27	47:59	255	1:41:56
Finish	10.55	1:31:34	8:40	42	1:29:38	220	1:31:02	42.20	5:43:34	8:08	58	2:30:05	269	4:13:51