



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Cremer, Pieter

Club: SV Friesland/ NL
Number: 73

Course: 42.20 km
Marathon

Category:
Männer M55

Total time: 5:44:03

Speed: 7.36 km/h
Running performance: 8:09 min/km

Rank in course/Total: 273 (of 305)

Rank in course/Men: 253 (of 279)

Best time in course: 3:13:29

Rank in category: 21(of 27)

Best time in the category: 3:14:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:23:00	7:52	27	40:00	278	40:00	10.55	1:23:00	7:52	5	16:47	269	31:21
2. Runde	10.55	1:25:00	8:03	24	38:12	271	38:42	21.10	2:48:00	7:57	5	28:58	268	1:09:14
3. Runde	10.55	1:24:35	8:01	15	34:28	217	35:37	31.65	4:12:35	7:58	5	30:53	256	1:42:31
Finish	10.55	1:31:28	8:40	19	36:30	219	1:30:56	42.20	5:44:03	8:09	24	2:29:10	270	4:14:20