



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Baumgarten, Karl Wolfgang

Club: 100 Marathon Club
 Number: 21

Course: 42.20 km
 Marathon

Category:
 Männer M55

Total time: 5:46:16

Speed: 7.28 km/h
 Running performance: 8:13 min/km

Rank in course/Total: 274 (of 305)

Rank in course/Men: 254 (of 279)

Best time in course: 3:13:29

Rank in category: 22(of 27)

Best time in the category: 3:14:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:17:24	7:20	25	34:24	274	34:24	10.55	1:17:24	7:20	4	11:11	270	25:45
2. Runde	10.55	1:19:41	7:33	22	32:53	254	33:23	21.10	2:37:05	7:26	4	18:03	269	58:19
3. Runde	10.55	1:32:38	8:46	22	42:31	253	43:40	31.65	4:09:43	7:53	4	28:01	257	1:39:39
Finish	10.55	1:36:33	9:09	23	41:35	247	1:36:01	42.20	5:46:16	8:12	25	2:31:23	271	4:16:33