



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Ostertag, Eberhard

Club: TV Stammheim
 Number: 261

Course: 42.20 km
 Marathon

Category:
 Männer M60

Total time: 5:54:46

Speed: 7.10 km/h
 Running performance: 8:25 min/km

Rank in course/Total: 278 (of 305)

Rank in course/Men: 257 (of 279)

Best time in course: 3:13:29

Rank in category: 3(of 4)

Best time in the category: 5:23:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
1. Runde	10.55	1:15:40	7:10	4	2:24	270	32:40	10.55	1:15:40	7:10	4	2:24	263	24:01
2. Runde	10.55	1:22:12	7:47	4	5:33	268	35:54	21.10	2:37:52	7:28	4	2:55	272	59:06
3. Runde	10.55	1:39:06	9:23	3	14:42	258	50:08	31.65	4:16:58	8:07	3	21:33	260	1:46:54
Finish	10.55	1:37:48	9:16	3	9:30	253	1:37:16	42.20	5:54:46	8:24	4	1:22:14	274	4:25:03