



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Bock, Manuela

Club: LC Auensee Leipzig
Number: 51

Course: 42.20 km
Marathon

Category:
Frauen W30

Total time: 5:57:01

Speed: 7.06 km/h
Running performance: 8:28 min/km

Rank in course/Total: 283 (of 305)

Rank in course/Women: 24 (of 26)

Best time in course: 3:58:39

Rank in category: 2(of 3)

Best time in the category: 5:18:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1. Runde	10.55	1:08:41	6:30	1	-	12	13:23	10.55	1:08:41	6:30	2		2	
2. Runde	10.55	1:15:44	7:10	1	-	12	17:07	21.10	2:24:25	6:50	2		2	
3. Runde	10.55	1:33:31	8:51	2	11:32	24	32:26	31.65	3:57:56	7:31	2	5:18	2	10:25
Finish	10.55	1:59:05	11:17	3	33:18	26	1:00:16	42.20	5:57:01	8:27	3	4:29:13	26	4:29:13