



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Silber, Matti

Club: LG Hermes
Number: 354

Course: 42.20 km
Marathon

Category:
Männer M55

Total time: 5:58:35

Speed: 7.03 km/h
Running performance: 8:30 min/km

Rank in course/Total: 285 (of 305)

Rank in course/Men: 261 (of 279)

Best time in course: 3:13:29

Rank in category: 24(of 27)

Best time in the category: 3:14:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:10:48	6:42	21	27:48	247	27:48	10.55	1:10:48	6:42	2	4:35	277	19:09
2. Runde	10.55	1:19:52	7:34	23	33:04	256	33:34	21.10	2:30:40	7:08	2	11:38	245	51:54
3. Runde	10.55	1:42:44	9:44	24	52:37	264	53:46	31.65	4:13:24	8:00	2	31:42	264	1:43:20
Finish	10.55	1:45:11	9:58	24	50:13	268	1:44:39	42.20	5:58:35	8:29	27	2:43:42	278	4:28:52