



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Uiess, Michael

Club: Marathon Steinfurt
 Number: 389

Course: 21.10 km
 Halbmarathon

Category:
 Männer M50

Total time: 2:37:49

Speed: 7.98 km/h
 Running performance: 7:29 min/km

Rank in course/Total: 37 (of 63)

Rank in course/Men: 31 (of 49)

Best time in course: 1:47:01

Rank in category: 5(of 8)

Best time in the category: 1:47:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
1. Runde	10.55	1:14:42	7:04	6	22:33	33	25:49	10.55	1:14:42	7:04	5	22:33	6	
Finish	10.55	1:23:07	7:52	4	28:15	29	28:15	21.10	2:37:49	7:28	5	50:48	31	50:48