



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Beintner, Markus

Club: Spirit of Küsnacht/ CH
 Number: 30

Course: 21.10 km
 Halbmarathon

Category:
 Männer M40

Total time: 3:06:07

Speed: 6.77 km/h
 Running performance: 8:49 min/km

Rank in course/Total: 59 (of 63)

Rank in course/Men: 46 (of 49)

Best time in course: 1:47:01

Rank in category: 9(of 9)

Best time in the category: 1:53:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
1. Runde	10.55	1:20:44	7:39	8	27:16	43	31:51	10.55	1:20:44	7:39	9	27:16	21	4:05
Finish	10.55	1:45:23	9:59	9	45:28	45	50:31	21.10	3:06:07	8:49	9	1:12:44	46	1:19:06