



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Alegre, Juan Antonio

Club: Madrid
Number: 8

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 3:17:20

Speed: 12.77 km/h
Running performance: 4:41 min/km

Rank in course/Total: 3 (of 305)

Rank in course/Men: 3 (of 279)

Best time in course: 3:13:29

Rank in category: 1(of 36)

Best time in the category: 3:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	46:11	4:22	2	2:43	5	3:11	10.55	46:11	4:22	28	-	6	-
2. Runde	10.55	49:19	4:40	2	3:01	4	3:01	21.10	1:35:30	4:31	28	-	6	-
3. Runde	10.55	48:58	4:38	1	-	1	-	31.65	2:24:28	4:33	28	-	4	-
Finish	10.55	52:52	5:00	1	-	5	52:20	42.20	3:17:20	4:40	1	-	7	1:47:37