



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Hauch, Rainer

Club: LSV Basel
Number: 139

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 3:27:13

Speed: 12.16 km/h
Running performance: 4:55 min/km

Rank in course/Total: 6 (of 305)

Rank in course/Men: 6 (of 279)

Best time in course: 3:13:29

Rank in category: 2(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1. Runde	10.55	46:32	4:24	2	2:19	8	3:32	10.55	46:32	4:24	53			10	
2. Runde	10.55	50:50	4:49	2	0:39	6	4:32	21.10	1:37:22	4:36	53			10	
3. Runde	10.55	53:24	5:03	2	0:09	6	4:26	31.65	2:30:46	4:45	50			8	0:42
Finish	10.55	56:27	5:21	3	55:47	9	55:55	42.20	3:27:13	4:54	3	12:06		11	1:57:30