



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

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Club: LG Würzburg
 Number: 323

Course: 42.20 km
 Marathon

Category:
 Männer M35

Total time: 3:28:36

Speed: 12.08 km/h
 Running performance: 4:56 min/km

Rank in course/Total: 7 (of 305)

Rank in course/Men: 7 (of 279)

Best time in course: 3:13:29

Rank in category: 3(of 36)

Best time in the category: 3:17:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|---------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| 1. Runde | 10.55 | 46:25 | 4:23 | 3 | 2:57 | 6 | 3:25 | 10.55 | 46:25 | 4:23 | 21 | | | 12 | |
| 2. Runde | 10.55 | 51:46 | 4:54 | 3 | 5:28 | 8 | 5:28 | 21.10 | 1:38:11 | 4:39 | 21 | | | 12 | |
| 3. Runde | 10.55 | 53:46 | 5:05 | 3 | 4:48 | 7 | 4:48 | 31.65 | 2:31:57 | 4:48 | 21 | | | 9 | 1:53 |
| Finish | 10.55 | 56:39 | 5:22 | 2 | 3:47 | 11 | 56:07 | 42.20 | 3:28:36 | 4:56 | 3 | 11:16 | | 13 | 1:58:53 |