



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Förkel, Detlev

Club: Weimar
Number: 109

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 3:42:17

Speed: 11.34 km/h
Running performance: 5:16 min/km

Rank in course/Total: 13 (of 305)

Rank in course/Men: 13 (of 279)

Best time in course: 3:13:29

Rank in category: 4(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
1. Runde	10.55	47:07	4:27	4	2:54	10	4:07	10.55	47:07	4:27	50		19	
2. Runde	10.55	53:32	5:04	4	3:21	12	7:14	21.10	1:40:39	4:46	50		19	1:53
3. Runde	10.55	57:43	5:28	5	4:28	16	8:45	31.65	2:38:22	5:00	48		15	8:18
Finish	10.55	1:03:55	6:03	11	1:03:15	33	1:03:23	42.20	3:42:17	5:16	6	27:10	20	2:12:34