



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Fiege, Jens

Club: TSG Maxdorf
Number: 98

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 3:49:50

Speed: 11.02 km/h
Running performance: 5:27 min/km

Rank in course/Total: 17 (of 305)

Rank in course/Men: 17 (of 279)

Best time in course: 3:13:29

Rank in category: 3(of 29)

Best time in the category: 3:37:02

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total km | Total Time | Total min/km | Total ranking | | Pos Men | Behind Men |
|----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|---------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | | | | Pos Men | Behind Men | | |
| 1. Runde | 10.55 | 49:40 | 4:42 | 2 | 3:13 | 13 | 6:40 | 10.55 | 49:40 | 4:42 | 28 | | 24 | |
| 2. Runde | 10.55 | 55:28 | 5:15 | 4 | 4:12 | 18 | 9:10 | 21.10 | 1:45:08 | 4:58 | 28 | | 24 | 6:22 |
| 3. Runde | 10.55 | 1:00:36 | 5:44 | 4 | 5:58 | 34 | 11:38 | 31.65 | 2:45:44 | 5:14 | 26 | | 19 | 15:40 |
| Finish | 10.55 | 1:04:06 | 6:04 | 4 | 7:22 | 34 | 1:03:34 | 42.20 | 3:49:50 | 5:26 | 3 | 12:48 | 25 | 2:20:07 |