



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Kempf, Joachim

Club: ELT Großheubach
Number: 185

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 3:52:22

Speed: 10.84 km/h
Running performance: 5:31 min/km

Rank in course/Total: 21 (of 305)

Rank in course/Men: 21 (of 279)

Best time in course: 3:13:29

Rank in category: 2(of 18)

Best time in the category: 3:42:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
1. Runde	10.55	52:26	4:58	3	6:36	27	9:26	10.55	52:26	4:58	15		28	0:47
2. Runde	10.55	57:18	5:25	3	4:21	32	11:00	21.10	1:49:44	5:12	15		28	10:58
3. Runde	10.55	59:00	5:35	3	3:41	21	10:02	31.65	2:48:44	5:19	3		23	18:40
Finish	10.55	1:03:38	6:01	2	1:03:06	32	1:03:06	42.20	3:52:22	5:30	5	2:22:39	29	2:22:39