



7. Unter-Tage Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Braun, Erik

Club: USV Jena  
 Number: 58

Course: 42.20 km  
 Marathon

Category:  
 Männer M35

Total time: 3:53:22

Speed: 10.80 km/h  
 Running performance: 5:32 min/km

Rank in course/Total: 23 (of 305)

Rank in course/Men: 23 (of 279)

Best time in course: 3:13:29

Rank in category: 6(of 36)

Best time in the category: 3:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Total ranking		
						Pos Men	Behind Men					Pos Men	Behind Men	
1. Runde	10.55	56:41	5:22	16	13:13	63	13:41	10.55	56:41	5:22	24		31	5:02
2. Runde	10.55	59:06	5:36	12	12:48	41	12:48	21.10	1:55:47	5:29	24		31	17:01
3. Runde	10.55	1:00:02	5:41	7	11:04	29	11:04	31.65	2:55:49	5:33	24		25	25:45
Finish	10.55	57:33	5:27	4	4:41	14	57:01	42.20	3:53:22	5:31	6	36:02	32	2:23:39