



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Dorrausch, Ronny

Club: MC Neustadt/O.

Number: 146

Course: 10.00 km

Lange Strecke

Category:

Männer M30

Total time: 42:50

Speed: 14.01 km/h

Running performance: 4:17 min/km

Rank in course/Total: 29 (of 110)

Rank in course/Men: 29 (of 96)

Best time in course: 32:21

Rank in category: 4(of 16)

Best time in the category: 35:32