



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Luft, Enrico

Club: Triathlon Jena e.V.

Number: 268

Course: 10.00 km

Lange Strecke

Category:

Männer M30

Total time: 45:38

Speed: 13.15 km/h

Running performance: 4:34 min/km

Rank in course/Total: 41 (of 110)

Rank in course/Men: 41 (of 96)

Best time in course: 32:21

Rank in category: 6(of 16)

Best time in the category: 35:32