



## 37. Tannaer Silvesterlauf

Tanna / 31.12.2008

### Detailed evaluation

#### Rodehau, Jens

Club: LSV Zollgrün 80 e. V

Number: 325

Course: 10.00 km

Lange Strecke

Category:

Männer M30

Total time: 47:19

Speed: 12.68 km/h

Running performance: 4:44 min/km

Rank in course/Total: 50 (of 110)

Rank in course/Men: 50 (of 96)

Best time in course: 32:21

Rank in category: 10(of 16)

Best time in the category: 35:32