



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Gahreis, Heiko

Club: MC Neustadt/O.

Number: 171

Course: 10.00 km

Lange Strecke

Category:

Männer M35

Total time: 47:28

Speed: 12.64 km/h

Running performance: 4:45 min/km

Rank in course/Total: 54 (of 110)

Rank in course/Men: 54 (of 96)

Best time in course: 32:21

Rank in category: 9(of 17)

Best time in the category: 37:17