



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Narr, Andre

Club: Tsv Saalburg

Number: 297

Course: 3.60 km

Mittlere Strecke

Category:

Männer M40

Total time: 17:07

Speed: 10.52 km/h

Running performance: 4:45 min/km

Rank in course/Total: 60 (of 150)

Rank in course/Men: 56 (of 110)

Best time in course: 11:42

Rank in category: 4(of 8)

Best time in the category: 14:42