



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Heydemann, René

Number: 457

Course: 3.60 km

Mittlere Strecke

Category:

Männer M20

Total time: 17:38

Speed: 10.21 km/h

Running performance: 4:54 min/km

Rank in course/Total: 80 (of 150)

Rank in course/Men: 71 (of 110)

Best time in course: 11:42

Rank in category: 19(of 25)

Best time in the category: 11:42