



37. Tannaer Silvesterlauf
Tanna / 31.12.2008

Detailed evaluation

Dr. Zeißig, Ralf

Club: VfB Schleiz

Number: 147

Course: 3.60 km

Mittlere Strecke

Category:

Männer M50

Total time: 17:58

Speed: 10.02 km/h

Running performance: 4:59 min/km

Rank in course/Total: 86 (of 150)

Rank in course/Men: 77 (of 110)

Best time in course: 11:42

Rank in category: 9(of 11)

Best time in the category: 14:03