



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Spranger, Karl-Heinz

Club: VS Meuselwitz

Number: 462

Course: 10.00 km

Lange Strecke

Category:

Männer M65

Total time: 54:06

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 91 (of 110)

Rank in course/Men: 85 (of 96)

Best time in course: 32:21

Rank in category: 2(of 2)

Best time in the category: 49:49