



## 37. Tannaer Silvesterlauf

Tanna / 31.12.2008

### Detailed evaluation

**Diesing, Lothar**

Club: Hohenwarte

Number: 403

Course: 10.00 km

Lange Strecke

Category:

Männer M45

Total time: 54:25

Speed: 11.03 km/h

Running performance: 5:26 min/km

Rank in course/Total: 93 (of 110)

Rank in course/Men: 87 (of 96)

Best time in course: 32:21

Rank in category: 9(of 11)

Best time in the category: 43:17