



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Knörnschild, Steffen

Club: Hirschberg

Number: 233

Course: 10.00 km

Lange Strecke

Category:

Männer M45

Total time: 55:18

Speed: 10.85 km/h

Running performance: 5:32 min/km

Rank in course/Total: 94 (of 110)

Rank in course/Men: 88 (of 96)

Best time in course: 32:21

Rank in category: 10(of 11)

Best time in the category: 43:17