



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Knoch, Ronny

Club: LSV Zollgrün 80 e. V

Number: 228

Course: 3.60 km

Mittlere Strecke

Category:

Männer M20

Total time: 18:42

Speed: 11.55 km/h

Running performance: 5:11 min/km

Rank in course/Total: 97 (of 150)

Rank in course/Men: 83 (of 110)

Best time in course: 11:42

Rank in category: 22(of 25)

Best time in the category: 11:42