



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Liedtke-Spranger, Ines

Club: VS Meuselwitz

Number: 427

Course: 3.60 km

Mittlere Strecke

Category:

Frauen W45

Total time: 18:43

Speed: 11.54 km/h

Running performance: 5:12 min/km

Rank in course/Total: 98 (of 150)

Rank in course/Women: 15 (of 40)

Best time in course: 14:44

Rank in category: 2(of 3)

Best time in the category: 18:16