



## 37. Tannaer Silvesterlauf

Tanna / 31.12.2008

### Detailed evaluation

Lange, Thomas

Club: TSV Germania 1887 e.V.

Number: 257

Course: 10.00 km

Lange Strecke

Category:

Männer M45

Total time: 56:33

Speed: 10.61 km/h

Running performance: 5:40 min/km

Rank in course/Total: 99 (of 110)

Rank in course/Men: 91 (of 96)

Best time in course: 32:21

Rank in category: 11(of 11)

Best time in the category: 43:17