



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Kästner, Ines

Club: Sportfreunde Müller

Number: 245

Course: 3.60 km

Mittlere Strecke

Category:

Frauen W35

Total time: 19:01

Speed: 11.36 km/h

Running performance: 5:17 min/km

Rank in course/Total: 103 (of 150)

Rank in course/Women: 16 (of 40)

Best time in course: 14:44

Rank in category: 3(of 6)

Best time in the category: 17:08