



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Liedtke-Spranger, Ines

Club: VS Meuselwitz

Number: 461

Course: 10.00 km

Lange Strecke

Category:

Frauen W45

Total time: 58:33

Speed: 10.25 km/h

Running performance: 5:52 min/km

Rank in course/Total: 103 (of 110)

Rank in course/Women: 11 (of 14)

Best time in course: 48:33

Rank in category: 5(of 5)

Best time in the category: 51:21