



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Roßner, Frank

Club: FSV Orlatal

Number: 456

Course: 3.60 km

Mittlere Strecke

Category:

Männer M45

Total time: 23:20

Speed: 7.71 km/h

Running performance: 6:29 min/km

Rank in course/Total: 144 (of 150)

Rank in course/Men: 108 (of 110)

Best time in course: 11:42

Rank in category: 9(of 9)

Best time in the category: 13:30