



37. Tannaer Silvesterlauf

Tanna / 31.12.2008

Detailed evaluation

Herzig, Jörg

Club: LG Hof

Number: 201

Course: 10.00 km

Lange Strecke

Category:

Männer M40

Total time: 38:42

Speed: 15.50 km/h

Running performance: 3:52 min/km

Rank in course/Total: 14 (of 110)

Rank in course/Men: 14 (of 96)

Best time in course: 32:21

Rank in category: 4(of 8)

Best time in the category: 35:31