



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers
Merkers / 22.02.2009

Detailed evaluation

Andreowsky, Matthias

Club: SC Berlin-Köpenick
Number: 223

Course: 9.45 km
10 km Lauf

Category:
Männer M45

Total time: 1:01:25

Speed: 8.79 km/h
Running performance: 6:30 min/km

Rank in course/Total: 101 (of 108)

Rank in course/Men: 88 (of 90)

Best time in course: 34:24

Rank in category: 20(of 20)

Best time in the category: 36:56