



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

Detailed evaluation

Biskamp, Andrea

Club: SC Neuenstein

Number: 94

Course: 20.15 km

Halbmarathon

Category:

Frauen

Total time: 2:06:43

Speed: 9.47 km/h

Running performance: 6:17 min/km

Rank in course/Total: 2 (of 6)

Rank in course/Women: 1 (of 2)

Best time in course: 2:06:43

Rank in category: 1(of 2)

Best time in the category: 2:06:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.15	16:34	5:15	1	-	1	-	3.15	16:34	5:15	1	-	1	-
Lap 2	3.15	17:05	5:25	1	-	1	-	6.30	33:39	5:20	1	-	1	-
Lap 3	3.15	17:46	5:38	1	-	1	-	9.45	51:25	5:26	1	-	1	-
Lap 4	3.15	18:19	5:48	1	-	1	-	12.60	1:09:44	5:32	1	-	1	-
Lap 5	3.15	19:03	6:02	1	-	1	-	15.75	1:28:47	5:38	1	-	1	-
Lap 6	3.15	19:20	6:08	1	-	1	-	18.90	1:48:07	5:43	1	-	1	-
Last lap Finish	3.15	18:36	5:54	1	-	1	-	20.15	2:06:43	6:17	1	-	1	-