



# 3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

## Detailed evaluation

**Westphal, Doris**

Club: Spiridon Frankfurt

Number: 95

Course: 20.15 km

Halbmarathon

Category:

Frauen

Total time: 2:38:34

Speed: 7.57 km/h

Running performance: 7:52 min/km

Rank in course/Total: 4 (of 6)

Rank in course/Women: 2 (of 2)

Best time in course: 2:06:43

Rank in category: 2(of 2)

Best time in the category: 2:06:43

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.15	19:59	6:20	2	3:25	2	3:25	3.15	19:59	6:20	2	3:25	2	3:25
Lap 2	3.15	21:11	6:43	2	4:06	2	4:06	6.30	41:10	6:32	2	7:31	2	7:31
Lap 3	3.15	21:59	6:58	2	4:13	2	4:13	9.45	1:03:09	6:40	2	11:44	2	11:44
Lap 4	3.15	22:34	7:09	2	4:15	2	4:15	12.60	1:25:43	6:48	2	15:59	2	15:59
Lap 5	3.15	24:48	7:52	2	5:45	2	5:45	15.75	1:50:31	7:01	2	21:44	2	21:44
Lap 6	3.15	23:35	7:29	2	4:15	2	4:15	18.90	2:14:06	7:05	2	25:59	2	25:59
Last lap Finish	3.15	24:28	7:46	2	5:52	2	5:52	20.15	2:38:34	7:52	2	31:51	2	31:51