



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

Detailed evaluation

Kalat, Josef

Club: AK Litvinov

Number: 68

Course: 40.95 km

Marathon

Category:

Männer M50

Total time: 3:19:57

Speed: 12.00 km/h

Running performance: 4:53 min/km

Rank in course/Total: 10 (of 78)

Rank in course/Men: 10 (of 74)

Best time in course: 2:45:36

Rank in category: 2(of 8)

Best time in the category: 2:45:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men	
Lap 1	3.15	13:48	4:22	2	2:18	6	2:18	3.15	13:48	4:22	2	2:18	38		
Lap 2	3.15	14:10	4:29	2	2:17	7	2:17	6.30	27:58	4:26	2	4:35	38		
Lap 3	3.15	14:10	4:29	2	2:13	7	14:06	9.45	42:08	4:27	2	6:48	38		
Lap 4	3.15	14:10	4:29	2	1:56	6	1:56	12.60	56:18	4:28	2	8:44	38		
Lap 5	3.15	14:30	4:36	2	2:09	9	2:09	15.75	1:10:48	4:29	2	10:53	38		
Lap 6	3.15	14:24	4:34	2	1:55	3	1:55	18.90	1:25:12	4:30	2	12:48	38		
Lap 7	3.15	14:26	4:34	2	1:51	3	1:51	22.05	1:39:38	4:31	2	14:39	38		
Lap 8	3.15	14:40	4:39	2	1:50	5	1:50	25.20	1:54:18	4:32	2	16:29	38		
Lap 9	3.15	15:35	4:56	2	2:37	8	2:41	28.35	2:09:53	4:34	2	19:06	38		
Lap 10	3.15	16:05	5:06	3	2:49	9	2:56	31.50	2:25:58	4:38	2	21:55	38		
Lap 11	3.15	16:59	5:23	3	3:32	12	3:38	34.65	2:42:57	4:42	2	25:27	38		
Lap 12	3.15	19:41	6:14	5	5:56	29	6:23	37.80	3:02:38	4:49	2	31:23	38		
Last lap Finish	3.15	17:19	5:29	4	2:58	15	4:06	40.95	3:19:57	4:52	2	34:21	10	34:21	