



3. Merkerser Kristallmarathon im Erlebnis Bergwerk Merkers

Merkers / 22.02.2009

Detailed evaluation

Deuter, Torsten

Club: SV Würtingen

Number: 24

Course: 40.95 km

Marathon

Category:

Männer M35

Total time: 3:29:32

Speed: 11.45 km/h

Running performance: 5:07 min/km

Rank in course/Total: 16 (of 78)

Rank in course/Men: 16 (of 74)

Best time in course: 2:45:36

Rank in category: 2(of 9)

Best time in the category: 3:12:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.15	14:46	4:41	4	2:09	21	3:16	3.15	14:46	4:41	2	2:09	42	
Lap 2	3.15	15:23	4:53	4	1:55	22	3:30	6.30	30:09	4:47	2	4:04	42	
Lap 3	3.15	15:30	4:55	4	15:26	22	15:26	9.45	45:39	4:49	2	5:35	42	
Lap 4	3.15	15:46	5:00	4	1:42	22	3:32	12.60	1:01:25	4:52	2	7:05	42	
Lap 5	3.15	16:11	5:08	5	1:54	25	3:50	15.75	1:17:36	4:55	2	8:58	42	
Lap 6	3.15	15:59	5:04	3	1:16	20	3:30	18.90	1:33:35	4:57	2	10:08	42	
Lap 7	3.15	16:01	5:05	3	1:13	20	3:26	22.05	1:49:36	4:58	2	11:21	42	
Lap 8	3.15	16:22	5:11	3	1:34	18	3:32	25.20	2:05:58	4:59	2	12:55	42	
Lap 9	3.15	16:30	5:14	3	1:09	16	3:36	28.35	2:22:28	5:01	2	14:04	42	
Lap 10	3.15	16:22	5:11	2	0:50	12	3:13	31.50	2:38:50	5:02	2	14:54	42	
Lap 11	3.15	16:39	5:17	2	0:58	11	3:18	34.65	2:55:29	5:03	2	15:52	42	
Lap 12	3.15	17:06	5:25	2	0:51	12	3:48	37.80	3:12:35	5:05	2	16:43	42	
Last lap Finish	3.15	16:57	5:22	2	0:44	12	3:44	40.95	3:29:32	5:07	2	17:27	16	43:56